

## TABLE II – Meridians of Traditional Chinese Medicine

Correspondences	Fire	Earth	Metal	Water	Wood
<b>Yin Meridian</b>	Heart, Heart Protector	Spleen	Lung	Kidney	Liver
<b>Yang Meridian</b>	Small Intestine, Triple Warmer	Stomach	Large Intestine	Bladder	Gall Bladder
<b>Season</b>	Summer	Indian Summer	Autumn	Winter	Spring
<b>Climate</b>	Hot	Humid	Dry	Cold	Wind
<b>Taste</b>	Bitter	Sweet	Pungent	Salty	Sour
<b>Sense Organ</b>	Tongue	Mouth	Nose	Ears	Eyes
<b>Emotion</b>	Joy	Sympathy / Worry	Grief	Fear	Anger
<b>Sound Expression</b>	Laughter	Singing	Weeping	Groaning	Shouting
<b>Tissue</b>	Blood Vessel	Flesh, Fat	Skin, Body hair	Bone, Teeth	Ligament, Muscle
<b>Body Fluid</b>	Sweat	Saliva	Mucus	Urine	Tears
<b>Manner in time of change or excitement</b>	Grief, Sadness	Belching	Cough	Trembling	Spiritual Control
<b>Faculty (Intrinsic Quality)</b>	Inspiration	Intellect	Vitality of Qi	Will	Spiritual
<b>Movement of Qi</b>	Meditation, Deep Thinking	Embracing, Holding	Yawning	Set up to Rush	Vacillation
<b>Peak Function</b>	Ht 11 am-1 pm, HP 7-9 pm, Sm. Int. 1-3 pm, TW 9-11 pm	Spleen 9-11 am, Stomach 7-9 am	Lung 3-5 am, Large Intestine 5-7 am	Kidney 5-7 pm, Bladder 3-5 pm	Liver 1-3 am, Gall Bladder 11 pm-1 am
<b>Smell</b>	Scorched	Fragrant	Rotten	Putrid	Rancid
<b>Dreams</b>	Fires, Deserts	Food, Lethargy, Music	Flying, Sad, White Objects	Water	Rooted, Immobile
<b>Direction</b>	South	Centre	West	North	East
<b>Colour</b>	Red	Yellow	White	Black, Blue	Green
<b>Chinese Word</b>	Fluo	T'u	Chin	Shui	Mu