

Essence Wheel ©



Pacific Essences®

Box 8317 Victoria, BC V8W 3R9
Tel: 250-384-5560 Fax: 250-595-7700

www.pacificessences.com

Chickweed, Forsythia, Mussel,
Pearly Everlasting, Plantain,
Poison Hemlock,
Red Huckleberry, Staghorn Algae,
Twin Flower, Weigela

MIDNIGHT

1 AM

Anemone, Arbutus,
Blue Lupin, Chiton,
Pearly Everlasting,
Plantain, Pipsissewa,
Twin Flower, Weigela

3 AM

Arbutus, Bluebell,
Death Camas, Fairy Bell,
Grape Hyacinth,
Indian Pipe, Polyanthus,
Purple Crocus,
Sand Dollar, Sea Horse,
Vanilla Leaf

5 AM

Camellia,
Grass Widow,
Polyanthus,
Starfish,
Vanilla Leaf

7 AM

Grape Hyacinth, Grass Widow,
Hermit Crab, Narcissus,
Red Huckleberry, Sea Lettuce, Sea Palm,
Sponge, Wallflower, Windflower

9 AM

Dolphin, Goatsbeard, Pipsissewa,
Sea Turtle, Silver Birch, Viburnum,
Urchin, Wallflower

11 AM

Conception Vessel
Indian Pipe, Whale

Diatom, Dolphin,
Fireweed, Jellyfish,
Lily of the Valley,
Periwinkle, Salal

MID-DAY

1 PM

Barnacle, Goatsbeard,
Salal, Sea Lettuce

SMALL
INTESTINE

3 PM

Blue Camas, Brown Kelp,
Candystick, Easter Lily,
Fuchsia, Salmon Berry,
Snowberry, Snowdrop,
Sponge, Yellow Pond Lily

BLADDER

5 PM

Bluebell, Blue Camas,
Candystick, Coral,
Death Camas,
Douglas Aster, Easter Lily,
Fuchsia, Ox-Eye Daisy,
Pipsissewa, Snowberry,
Snowdrop, Surfgrass

KIDNEY

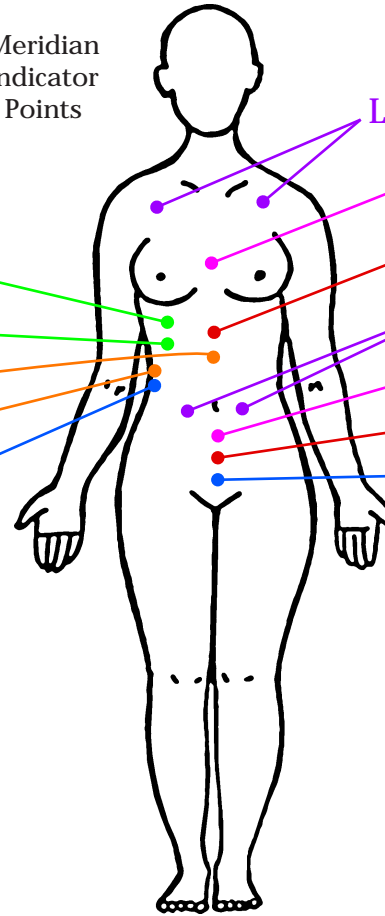
7 PM

Alum Root, Harvest Lily,
Ox-Eye Daisy,
Pink Seaweed, Purple
Magnolia, Sea Turtle

9 PM

HEART
PROTECTOR

Meridian
Indicator
Points



TRIPLE
WARMER

11 PM

Harvest Lily, Moon Snail,
Orange Honeysuckle,
Poplar, Rainbow Kelp,
Viburnum

GALL
BLADDER

LIVER

LUNG

LARGE
INTESTINE

STOMACH

SPLEEN

Governing Vessel
Douglas Aster,
Sea Horse, Whale